



University of Memphis

[Volunteers] Wanted for a Research Study

Exploring the Lived Experiences of Nurse Managers: Leadership Development and Competency Acquisition During Role Transition.

You are invited to participate in a groundbreaking study exploring the lived experiences of nurse managers like you, focusing on leadership development and competency acquisition during your transition into this critical role. By sharing your unique story, challenges, and triumphs, you can contribute to the advancement of nursing leadership and help shape the future of healthcare management. Your participation will inform the development of more effective support systems, training programs, and policies designed to empower and enhance the success of nurse managers.

The purpose of this research study is to explore the lived experiences of nurse managers in relation to their leadership development and competency acquisition within the hospital setting. The study aims to gain a deeper understanding of the challenges, successes, and personal growth that nurse managers encounter as they transition into leadership roles and navigate the complexities of healthcare administration.

Eligibility criteria for participants include:

- Are currently employed as a nurse manager in an acute care hospital setting or have left such a position within the past 12 months.
- Have 1-5 years of experience as a nurse manager
- Transitioned directly from a staff nurse or charge nurse position to the nurse manager role within the last 5 years
- Hold an active, unrestricted Registered Nurse license in the United States
- Possess at least a Bachelor of Science in Nursing (BSN) degree
- Are directly responsible for managing a nursing unit or department with a minimum of 15 staff members
- Have 24-hour accountability for your unit(s) operations and patient care outcomes
- Are actively involved in budgeting, staffing, and quality improvement initiatives within your unit
- Are fluent in English and comfortable articulating your experiences in an interview setting
- Are willing to participate in a 60-90 minute in-depth, audio-recorded interview and complete a demographic questionnaire
- Are 18 years of age or older
- Are able to provide informed consent

Participation involves:

- Complete a brief demographic questionnaire
- Engage in an audio-recorded interview lasting approximately 60-90 minutes.

Your voice matters! Help us create a brighter future for nurse managers and healthcare leadership. Don't miss this opportunity to be part of a study that can make a real difference in the lives of nurse managers and the patients they serve. Your experience is valuable, and we would be honored to include your voice in this important research.

To learn more or to participate, please contact:

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This research is conducted under the direction of Dr. Leanne Lefler at the University of Memphis in the Loewenberg College of Nursing as Faculty dissertation advisor, (901)678-5922 or llefler@memphis.edu