# Curriculum Vitae and Bibliography Tera Lynn Gross, DNP, RN, CENP, FACHE

Present Academic Rank and Position Chair, Department of Nursing/Chief Nursing Officer - Mayo Clinic, Jacksonville, Florida	2020 - Present
Assistant Professor of Nursing - Mayo Clinic College of Medicine and Science	04/01/2022 - Present
Education	
South Dakota State University, Brookings, South Dakota - BS, Nursing	01/1998 - 05/2001
South Dakota State University, Brookings, South Dakota - MS, Nursing	06/2002 - 12/2008
University of Minnesota, Minneapolis, Minnesota - DNP, Doctorate of Nursing Practice	09/2010 - 11/2013
Additional Education	
Thirteenth Annual Nursing Research Conference, Mayo Continuing Nursing Education, Department of Nursing, Mayo Clinic, Rochester, Minnesota	2004
Fourteenth Annual Nursing Research Conference, Mayo Continuing Nursing Education, Department of Nursing, Mayo Clinic, Rochester, Minnesota	2005
Fifteenth Annual Nursing Research Conference, Mayo Continuing Nursing	2006
Education, Department of Nursing, Mayo Clinic, Rochester, Minnesota	2007
Sixteenth Annual Nursing Research Conference, Mayo Continuing Nursing Education, Department of Nursing, Mayo Clinic, Rochester, Minnesota	2007
Seventeenth Annual Nursing Research Conference, Mayo Continuing Nursing Education, Department of Nursing, Mayo Clinic, Rochester, Minnesota	2008
Getting to the Heart of the Matter Fifteenth Annual Heart Disease and Stroke Conference for Health Professional, Rochester, Minnesota	2008
Eighteenth Annual Nursing Research Conference, Mayo Continuing Nursing Education, Department of Nursing, Mayo Clinic, Rochester, Minnesota	2009
Third Annual Mayo Transplant Nursing Symposium Mayo Continuing Nursing Education Department of Nursing, Mayo Clinic, Rochester, Minnesota	2009
Fourth Annual Mayo Transplant Nursing Symposium Mayo Continuing Nursing Education Department of Nursing, Mayo Clinic, Rochester, Minnesota	2010
Reflections on Caring 19th Annual Symposium and General Assembly, International Transplant Nurses Society, Minneapolis, Minnesota	2010
Fifth Annual Mayo Transplant Nursing Symposium Mayo Continuing Nursing Education Department of Nursing, Mayo Clinic, Rochester, Minnesota	2011
Rising to the Challenges in Transplant Nursing 21st Annual Symposium, International Transplant Nurses Society, Seattle, Washington	2012

	Tera Lynn Gross, DNP, RN, NEA-BC		Page 2 of 11
Mayo Continuir	nual Nursing Research Conference g Nursing Education Nursing, Mayo Clinic, Rochester, Minnesota	2012	
	Lifelong Learning mposium, International Transplant Nurses Society, Washington, nbia	2013	
One World of C 23rd Annual Sy	aring mposium, International Transplant Nurses Society, Houston, Texas	2014	
	sing A Journey to the Top ansplant Nurses Society Summer Symposium, Chicago, Illinois	2015	
Certification			
<b>Board Certifications</b>			
American Associa	ation of Critical-Care Nurses (AACN)		
Acute/Critical C	are Nursing - Adult (CCRN)	2008 - 2011	
	of Healthcare Executives (ACHE) merican College of Healthcare Executives	2023 - 2026	
American Heart A	ssociation (AHA)		
Basic Life Supp		2001 - 2017	
Advanced Card	iovascular Life Support (ACLS)	2005 - 2011	
American Nurses	Credentialing Center (ANCC)		
Nurse Executiv	e (NE-BC)	2014 - 2019	
Nurse Executiv	e, Advanced (NEA-BC)	2019 - 2029	
American Organiz	ation for Nursing Leadership (AONL)		
Certified in Exe	cutive Nursing Practice (CENP)	2024-2027	
Other Certifications			
Mayo Clinic Quali	ty Academy		
Mayo Clinic Qu	ality Fellow: Bronze Level Certification	2010	
Mayo Clinic Qu	ality Fellow: Silver Level Certification	2012	
Mayo Clinic Qu	ality Fellow: Gold Level Certification	2015	
Mayo Clinic Qu	ality Fellow: Diamond Level Award	2024	
Licensure			
Minnesota	R1545140 (Registered Nurse (RN))	2001 - 2024	
Florida	RN9526519 (Registered Nurse (RN))	2020 - 2025	
Honors and Awa	rds		
SDSU Graduat South Dakota	e School Travel Award - South Dakota State University, Brookings,	2008	
	rough Teamwork, Improving Influenza Immunizations Team - ognition Program, Department of Human Resources, Mayo Clinic, nesota	2016	

Tera Lynn Gross, DNP, RN, NEA-BC	Page 3 of 11
Excellence Through Teamwork Award, Discharge MTR Project Team - Employee Recognition Program, Department of Human Resources, Mayo Clinic, Rochester, Minnesota	2017
Previous Professional Positions and Major Appointments	
<b>Registered Nurse - Gynecological Surgery Unit</b> - Department of Nursing, Mayo Clinic, Rochester, Minnesota	2001 - 2003
<b>Registered Nurse - Inpatient Perinatal Unit</b> - Department of Nursing, Mayo Clinic, Rochester, Minnesota	2003 - 2005
Registered Nurse - Medical Cardiac Intensive Care Unit - Department of Nursing, Mayo Clinic, Rochester, Minnesota	2005 - 2009
Nurse Manager - Organ Transplant Unit (Eisenberg 102) - Department of Nursing, Mayo Clinic, Rochester, Minnesota	2009 - 2015
Instructor of Nursing - Mayo Clinic College of Medicine and Science	11/01/2012 - 03/31/2022
Nurse Administrator - Department of Nursing, Mayo Clinic, Rochester, Minnesota	2015 - 2020
Professional Memberships and Societies	
Professional Memberships and Services	
Academy of Medical-Surgical Nurses Member	2016 - 2023
American Association of Critical-Care Nurses Member	2007 - 2009
American College of Healthcare Executives Member	2021 - Present
American Nurses Association (ANA)	
Member	2021 - Present
American Organization for Nursing Leaders (AONL) Member	2019 - Present
American Organization for Nursing Leaders (AONL); Nurse Manager Fellowship Selection Committee	
Nurse Manager Fellowship Selection Committee	
Member	2019 - 2020
Brooks College of Health Dean's Council Member Florida Nurses Association (FNA)	2022 - present
Member	2021 – Present
Florida Organization for Nursing Leadership (FONL) Member	2022- present
Board Member	2024 – present
Florida State University College of Nursing Community Advisory Board Member	2022-present
International Transplant Nurses Society	2040 2040
Member Breadent Floet (Local)	2010 – 2016 2012
President Elect (Local) President (Local)	2012
Midwest Nursing Research Society	2010
Member	2009
Minnesota Organization of Leaders in Nursing	
Member	2012 - 2020
Northeast Florida Organization for Nursing Leadership (NEFONL)	

Tera Lynn Gross, DNP, RN, NEA-BC

Tera Lynn Gross, DNP, RN, NEA-BC	
Member President – Elect President	2022 2023 2024
Education Interests and Accomplishments	
Curriculum and Course Development	
Strategies for Care of the Violent or Aggressive Patient Mayo Clinic Care Network (MCCN) Webinar. Developed a 90 minute webinar to be shared live with MCCN members and archived for future use. Provider Relations, Mayo Clinic Rochester, Minnesota	2020
Teaching	
Transplant Patient Education: Assessment of Patient Needs and Development of Teach Back Tools Mayo Clinic Quality Conference: Working Differently across Health Care Rochester, Minnesota	2014
Transplant Patient Education: Assessment of Patient Needs and Development of Teach Back Tools Mayo Nurses' Poster Fair, Department of Nursing, Mayo Clinic Rochester, Minnesota	2014
Advance Nursing Leadership Program Co-presenter: Vickie Ernste Joint Nurse Supervisor/Nurse Manager Meeting, Department of Nursing, Mayo Clinic Rochester, Minnesota	06/18/2015
Professionalism: Securing our Future as the Most Trusted Profession Nurse Residency Program Department of Nursing, Mayo Clinic Rochester, Minnesota	2016 - 2018
Improving Inpatient Influenza Immunizations using Lean Six Sigma Quality Outcomes & Value Based Purchasing Mayo Clinic Quality Conference Rochester, Minnesota	03/2016
Preventing and Responding to Patient Violence Co-presenter Mayo Clinic Care Network Clinical Leadership Symposium Rochester, Minnesota	2017
Mentorship	
Krueger RN, Kalan (Registered Nurse) Description: Co-preceptor for orientee Current Status: Staff Coronary Care Unit Outcome: Coronary Care Unit	01/2008
Bumgardner RN, Michelle (Registered Nurse) Description: Nursing Leadership Perspectives Program Mentor Current Status: Staff RN Outcome: Completed Nursing Leadership Perspectives Program	01/2010
O'Connor RN, Jennifer (Registered Nurse) Description: Nursing Leadership Perspectives Program Mentor Current Status: Staff RN Outcome: Completed Nursing Leadership Perspectives Program	01/2010
Loftus RN, Denise (Registered Nurse) Description: Nursing Leadership Perspectives Program Mentor Current Status: Staff RN Outcome: Completed Nursing Leadership Perspectives Program	01/2011

Tera Lynn Gross, DNP, RN, NEA-BC	Page 5 of 11
Guthmiller RN, Martha (Nurse Manager) Description: Co-Preceptor for Nurse Manager Role Current Status: Nurse Manager Outcome: Nursing Manager Role	01/2012
Bitz RN, Melissa (Registered Nurse) Description: Nursing Leadership Perspectives Program Mentor Current Status: Staff RN Outcome: Completed Nursing Leadership Perspectives Program	01/2014
Kochevar RN, Brenda (Registered Nurse) Description: Nursing Leadership Perspectives Program Mentor Current Status: Staff RN Outcome: Completed Nursing Leadership Perspectives Program	01/2014
Joswiak , Kendra (Registered Nurse) <b>Description:</b> University of Wisconsin - Eau Claire, Doctorate of Nursing Practice Student Advisor <b>Current Status:</b> Staff RN	09/2016
Outcome: Completing DNP Program	
DiTommaso, Molly (Registered Nurse) Description: University of Minnesota, Doctorate of Nursing Practice Student Community Partner Current Status: Staff RN	09/2016 - 05/2018
Outcome: Successful completion of DNP Program	
Kent, Ashley (Registered Nurse) Description: Nursing Leadership Perspectives Program Mentor Current Status: Program Coordinator Outcome: Completed Nursing Leadership Perspectives Program	01/2017
Boege, Monica (Nurse Manager) Description: Rush University, Mentor for DNP Program Current Status: Nurse Manager Outcome: Successful completion of Aggressive/violent Patient/Visitor Simulation Project	11/2018 - 06/2019
Sanger, Julie (Nurse Manager) Description: Winona State University, Mentor for Masters Degree Current Status: Ambulatory Nurse Manager Outcome:	04/2019 - 12/2019
Academic Career Development	
National Teaching Institute American Association of Critical - Care Nurses Chicago, Illinois	2008
Project Management Using leadership skills to manage a complex project. Human Resources Education and Development, Mayo Clinic Rochester, Minnesota	2008
Crucial Conversations Improving communication techniques for difficult situations. Human Resources Education and Development, Mayo Clinic Rochester, Minnesota	2009
Nursing Leadership Perspectives Program Participant Department of Nursing, Mayo Clinic Rochester, Minnesota	2009
Advanced Nursing Leadership Perspectives Program Participant	2014 - 2015

	1 490 0 01
Department of Nursing, Mayo Clinic Rochester, Minnesota	
2015 Fall Conference Minnesota Organization of Leaders in Nursing Duluth, Minnesota	2015
AONE Annual Meeting 2016 American Organization of Nurse Executives Fort Worth, Texas	2016
AONE Annual Meeting 2017 American Organization of Nurse Executives Baltimore, Maryland	2017
2017 MOLN Fall Leadership Conference	10/2017
2018 Magnet Conference ANCC National Magnet Conference Denver, Colorado	2018
2018 Vizient Vizient Connections Summit Las Vegas, Nevada	2018
AMSN Annual Convention 28th Academy of Medical-Surgical Nurses Convention Chicago, Illinois	2019
AONE Annual Meeting 2019 American Organization of Nurse Executives San Diego, California	2019
2021 Magnet Conference ANCC National Magnet Conference Atlanta, Georgia	2021
AONL Annual Meeting 2023 American Organization of Nurse Executives Anaheim, California	2023
itutional/Departmental Administrative Responsibilities, Committee Other Activities	Memberships
Mayo Clinic	
Department of Education Administration Mayo Clinic College of Medicine and Science	
Quality Academy	
Faculty Member	09/2017 - Present
Emergency Management Steering Group Chair	02/2022 - Present
Mayo Clinic College of Medicine and Science, Quality Academy, Quality Conference Planning Committee	
Abstract Reviewer	2016 - Present
Mayo Clinic Committees	
Mayo Clinic Care Network COPD Readmission Reduction Collaborative Member	09/12/2016 - 10/10/2017
Participated in a collaborative including 17 health systems that are part of the Mayo Clinic Care Network with the aim to reduce readmissions for patients with COPD exacerbations.	09/12/2010 - 10/10/2017
Mayo Clinic Clinical Practice Committee	
Mayo Clinic Specialty Councils	
Endocrinology Specialty Council	

	r age r
Member	02/02/2015 - 01/2019
Hospital Internal Medicine Specialty Council Member	02/2018 - 2020
Obesity Liaison Specialty Council Member	05/2016 - 01/2019
Mayo Clinic Commodity Committee Member	2014
Medical Product Review Team Member	2014
Mayo Clinic Enterprise Hospital Internal Medicine Specialty Council	
Member	02/2015 - 2020
Mayo Clinic Kern Center Kern Center Affiliate - Mayo Clinic faculty, allied health staff or research temporary professionals	12/17/2018 - Present
Mayo Clinic Nursing Executive Committee Member	02/2020 - Present
Patient Care Communication (PCCS) Steering Group	02/2020 - Flesent
Co-Chair Mayo Clinic in Rochester	08/2022 - Present
-	
Department of Facilities & Support Services Hazardous Chemical Management Committee	
Hazardous Medication Subcommittee Co-Chair	2014
Department of Internal Medicine Division of Hospital Internal Medicine	2014
Quality Committee	
Member	02/2015 - 2020
Endocrine Practice Committee	
Member	02/2015 - 01/2019
Hospital Internal Medicine Practice Committee	
Member	02/2015 - 2020
Department of Medicine Hospital Practice Committee	
Member	02/2015 - 2020
Department of Nursing	
Department Committees	
Education Tiering Project	
Education Tiering Workgroup	
Member	2011 - 2012
Hazardous Medication Workgroup	
Co-Chair	2012 - 2014
Magnet Champions	
Magnet Oversight Group	
Member	2014
Magnet Oversight Committee	
Member	2018 - 2020
Nursing Leadership Perspectives Program	
Advanced Nursing Leadership Perspectives Program Workgroup	

	i age o oi
Member	2011 - 2012
Nursing Research Conference Planning Task Force	
Member	2005 - 2009
Nursing Value Analysis Coordinating Committee	
Member	2014
Operational Committees	
Nursing Health Unit Coordinator Practice Committee	
Member	01/01/2012 - 12/31/2012
Co-Chair	01/01/2013 - 12/31/2013
Nursing Recruitment and Retention Committee	2011 2012
Member Stending Committees	2011 - 2012
Standing Committees Nurse Executive Committee	
Member	2015 - 2020
Nurse Manager/Nurse Supervisor Operations Subcommittee	2015 - 2020
Data Management Subgroup	
Member	07/29/2013 - 2014
Department of Nursing Specialty Committees	
Medical Specialty Nursing Practice Committee	
Advisor	2015 - 2020
Division Committees	
Critical Care Nurse Practice Committee	
Member	2007 - 2009
Co-Chair	2008 - 2009
Endocrine Executive Committee	
Member	02/2015 - 01/2019
Mayo Nursing Transplant Education Committee	
Member	2011 - 2014
Medical I Division	
Chair	02/2015 - 01/2020
Medical Specialty Executive Committee	
Advisor	01/2017 - 01/2020
Medical Specialty Staff Development Preceptor Committee	
Advisor	01/2016 - 01/2020
Surgical Specialty Staff Development	
Member	2010 - 2011
Unit Committees	
Eisenberg 10-2 Coordinating Council	
Advisor	01/01/2014 - 04/10/2015
Eisenberg 10-2 Kidney, Liver, Pancreas Continuous Improvement Committee	
Chair	2009 - 2012
Eisenberg 10-2 Physician Liaison Meeting	
Voting Member	2009 - 2014
Eisenberg 10-2 Unit Operations Committee	
Advisor	2009 - 2013
Mary Brigh 4DE Charge Nurse Committee	
Member	2009
Mary Brigh 4DE Practice Committee	

Member	2006 - 2009
Co-Chair	2007 - 2009
Department of Rochester Human Resources	
Office of Organizational Leadership and Development	
Leadership Foundations Program	
Mentor	2017 - 2020
Mayo Clinic Rochester Committees	
Patient Family Advisory Council	
Member	2013 - 2014
Transplant Center	
Kidney Transplantation Standardized to Value	
Member	2013 - 2014
Mayo Clinic in Florida	
Clinical Practice Quality Oversight Subcommittee - Florida	
Ad Hoc Member	02/2020 - Present
FLA-Admin Services	
Department of Nursing	
Nursing Leadership Team	
Member	03/2020 - Present
Florida Executive Operations Team	
Member	02/2020 - Present
Hospital Practice Executive Committee	
Member	2020 - Present
Mayo Clinic	
Practice Administrative Leadership Team	
Member	2020 - Present
Mayo Clinic Florida Committees	
Clinical Practice Committee - Florida	
Advanced Practice Provider Subcommittee	
Member	2020 - Present
Executive Board	00/0000 D
Member	03/2020 - Present
Hospital Practice Subcommittee - Florida	
	02/2020 - Present
Jacksonville Administrative Committee	
Member	02/2020 - Present
Mayo Clinic Florida Nurse Executive Committee	
Chair	01/2020 Drecopt
Chair Outpatient Practice Subcommittee	01/2020 - Present
Outpatient Practice Subcommittee	
Outpatient Practice Subcommittee Ad Hoc Member	01/2020 - Present 03/2021 - Present
Outpatient Practice Subcommittee Ad Hoc Member Patient Safety Oversight Committee	
Outpatient Practice Subcommittee Ad Hoc Member Patient Safety Oversight Committee Safety Culture Work Group	03/2021 - Present
Outpatient Practice Subcommittee Ad Hoc Member Patient Safety Oversight Committee Safety Culture Work Group Member	
Outpatient Practice Subcommittee Ad Hoc Member Patient Safety Oversight Committee Safety Culture Work Group	03/2021 - Present

## **Presentations Extramural**

## National or International

#### Invited 09/27/2022 Cultivation of Nursing Management Joanna Medical Leadership Series Oral Reducing Length of Stay for Kidney Transplant Patients: Care Across the 06/2015 Continuum International Transplant Nurses Symposium Chicago, Illinois Managing Behavioral Dyscontrol in the Hospital: Success in Maximizing Safetywith 03/2018 Better Outcomes and Shorter Lengths of Stay Mayo Clinic Upper Midwest Quality Conference Rochester, Minnesota Practice Solutions to Managing Aggressive and Violent Patients 10/2018 2018 Vizient Connections Summit Las Vegas, Nevada Strategies to Successfully Manage Violent Patient Behavior 04/2019 2019 AONE Ignite Poster Session American Organization or Nurse Executives (AONE) Annual Meeting San Diego, California Poster Inpatient Post-Organ Transplant Education Improvement Through the Use of Teach- 09/2014 Back International Transplant Nurses Symposium Houston, Texas Regional Poster Patients' Psychological Adjustment to an Implanted Cardioverter Defibrillator 2009 Nursing Research: Promoting Social Justice and Human RightsMidwest Nursing Research Society (MNRS). 2009 MNRS 33rd Annual Research Conference. Minneapolis, Minnesota

Complex Intervention Unit: Redesigning Safety for Aggressive/Violent Patients09/201824th Mayo-Karolinska Institute Annual Scientific Research Meeting8Rochester, Minnesota9

# **Clinical Practice, Interests, and Accomplishments**

I have a strong interest in leadership development of nurse leaders and staff nurses. I am also interested in creating a culture of safety for bedside nurses.

## **Research Interests and Accomplishments**

Completion of a thesis project to obtain the Master of Science degree from South Dakota State University. Thesis titled "Patients' Psychological Adjustment to an Implanted Cardioverter Defibrillator." This descriptive correlational design study examined the extent which age, sex, time since implantation, and shocks predicted patients' psychological adjustment to an implanted cardioverter defibrillator (ICD). I am interested in research pertaining to leadership development and creating a culture of safety for nurses and patients.

# **Bibliography**

#### **Peer-reviewed Articles**

- Larson LA, Finley JL, Gross TL, McKay AK, Moenck JM, Severson MA, Clements CM. Using a Potentially Aggressive/Violent Patient Huddle to Improve Health Care Safety. Jt Comm J Qual Patient Saf. 2019 Feb; 45 (2):74-80 Epub 2019 Jan 10 PMID: 30638871 DOI: 10.1016/j.jcjq.2018.08.011
- Zorn CK, Pascual JM, Bosch W, Thiel DD, Francis D, Casler JD, Nassar A, Parkulo MA, Dunn AN, Waters TS, Hasse CH, Zargham B, Gross TL, Johnson CJ, Rigdon AW, Bruce CJ, Thielen KR. Addressing the Challenge of COVID-19: One Health Care Site's Leadership Response to the Pandemic. Mayo Clin Proc Innov Qual Outcomes. 2021 Feb; 5 (1):151-160 Epub 2020 Dec 14 PMID: 33521584 PMCID: 7833323 DOI: 10.1016/j.mayocpiqo.2020.11.001
- 3. Stellpflug C, Pierson L, Roloff D, Mosman E, **Gross T**, Marsh S, Willis V, Gabrielson D. Continuous Physiological Monitoring Improves Patient Outcomes. Am J Nurs. 2021 Apr 1; 121 (4):40-46 PMID: 33755624 DOI: 10.1097/01.NAJ.0000742504.44428.c9

#### Abstracts

1. Practical Solutions to Managing Aggressive and Violent Patients American Journal of Medical Quality. 2019; 34(2). Epub 2019 May 15.

\* Indicates the primary author was a mentee of this author. # Indicates the authors contributed equally.